

HellenicAmericanUniversity

*Bachelor
of Science in
Psychology*

**Bachelor of Science
in Psychology
(BSPsy)**



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What makes us unique

As a student in the Hellenic American University Bachelor of Psychology program, you will acquire fundamental knowledge of psychology as a social and natural science through an engaging and integrated combination of theory, experimental application and practice. You will work closely with psychology faculty members in small classes, field placements and research projects to improve your understanding of mental and behavioral processes. Working with your mentor you will also be able to tailor your program to pursue your own interests in the field, for example, in clinical or industrial psychology, and develop competencies that are important for a future professional in human services or related fields or for further studies at the graduate level.

Our strengths:

- Extensive integration of psychological theory and research methods.
- A wide spectrum of electives, including Clinical Psychology, Child Psychotherapy, Educational Psychology, Psychology of Addictions, Play Therapy and Music Therapy.
- An emphasis on the cognitive behavioral perspective, together with the exploration of other approaches to psychotherapy and counseling.
- Career counseling and opportunities for networking through our Career Development Office during and after your studies.
- Active outreach community programs and events with the participation of mental health organizations and our College Counseling Center.
- A flexible program that includes the opportunity to do some of your courses online.
- Close faculty mentorship.
- A student- and community-oriented department that is an active member of an international network of mental health institutions and centers.

Be an active participant in your studies

We offer you opportunities for active learning and research through:

- Participation in ongoing faculty-student research projects in clinical, health, education and community psychology.
- A supervised senior thesis as part of a Capstone research project.
- Support for pursuing your own research interests and opportunities to present your findings at the University Annual Student Research Conference.
- Internship experience in applied settings, such as mental health clinics, social agencies, schools, businesses, and the College Counseling Center.

What you will study

Some of the subject areas you will study and explore are:

- Abnormal, social and developmental psychology
- Clinical interviewing and counseling
- Cognitive psychology
- Research methods & experimental design in psychology
- Theories of personality
- Theory and principles of psychotherapy

Who will teach you

The members of our faculty come from an international background, with master's and doctoral degrees earned at renowned institutions in the UK, Greece, and the US. They are licensed practitioners in their fields who are devoted to student-centered teaching and engaged in research projects, in which students are often welcome to participate. Highly qualified visiting professors also teach in the program, bringing valuable practitioner, clinical and industrial expertise to the classroom.

All faculty members who teach in the program are:

- engaged in research in their fields of specialization;
- committed to mentoring their students;
- dedicated to continuing professional development and aware of latest research and developments in the field;
- recognized for their extensive clinical experience locally and internationally.

teach

Get ready for the workplace or further studies

As a student in our Bachelor of Psychology program you will acquire knowledge and skills that are important for developing a career in such fields as human services, teaching, business and education or for continuing your studies in Psychology at the graduate level.

Upon completing the program you will have:

- An understanding of behavior and mental processes that provides insight into your own and others' behavior.
- The ability to apply psychological theories and research findings to problems in everyday life.
- An enhanced ability to interact effectively and sensitively with people from diverse backgrounds and cultural perspectives.
- Exposure to the applications of psychology through the faculty-supervised internship practicum.
- Strong critical and quantitative reasoning skills.
- Exceptional written and oral communication skills in English.

Degree Programs Offered by Hellenic American University:

Ph.D. in Applied Linguistics

Master of Arts in Applied Linguistics

Master of Arts in Conference Interpreting

Master of Arts in Translation

Master of Business Administration

Master of Science in Information Technology

Master of Science in Psychology

Bachelor of Arts in English Language and Literature

Bachelor of Music

Bachelor of Science in Business Administration

Bachelor of Science in Engineering

Bachelor of Science in Information Technology

Bachelor of Science in Psychology

Associate of Science in General Engineering

What our students say about us

Choosing psychology as a second degree was the best choice for me as a teacher. My studies in psychology have helped me a lot in dealing with difficult students in the classroom. I also feel more confident to recognize learning difficulties and to address them properly.

Kalliopi Defterigou, BSPsy 2015, English Teacher

This program is totally different than the Greek University program that I also attend. The curriculum is organized in a way that enables knowledge to be transferred as in the American educational system. It is an effective and efficient program of studies. Our professors, beyond the knowledge they offer, show us the kind of professional we want to eventually become.

Maria Stylianopoulou, BSPsy 2014

Hellenic American University was my first choice for my 2nd degree since its programs are entirely in English. I care about people and the Psychology program is a perfect means to acquire knowledge in the field of psychology. I am sure that it will help lead me to a professional career as a psychologist.

Evdokia Filippou, BSPsy 2016



Contact details:

Hellenic American University

52 Concord Street,
Manchester, NH 03101,
Tel: +1 603 645 1800,
E-mail: info@hauniv.edu
Web: www.hauniv.edu

Hellenic American College

22 Massalias Street, 10680 Athens,
Tel: +30 210 3680950,
Fax: +30 210 3680073,
E-mail: info@haec.gr
Web: www.haec.gr

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