What our students say about us

My experience in the program helped me broaden my knowledge of the different fields of psychology and clinical practice and gave me the opportunity to choose what direction of clinical psychology I could follow as a professional.

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I find the MSPsy program interesting and challenging as it includes a variety of courses which reflect the development of psychology in contemporary multicultural societies.

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What makes us unique

Designed by eminent American scientist-practitioners in adherence to US standards for the training of clinical psychologists, the program provides a rigorous education and training in the evidence-based, cognitive behavioral approach to counseling and psychotherapy. As a student in the program, you will acquire knowledge of psychometric and clinical assessments and an understanding of the ethical, legal and professional issues in clinical practice. You will learn to develop your skills in clinical case work under the close supervision of experienced faculty clinicians. During your studies you will complete 600 hours of supervised clinical work in internships and practicums in one or more of a broad range of settings such as the University’s Counseling Center, mental health clinics, general and psychiatric hospitals, counseling agencies, school, college and university campuses, disability and rehabilitation agencies and corporate mental health services.

Our strengths:

• Focus on the evidence-based cognitive behavior approach to counseling and psychotherapy.
• Roughly 600 hours of clinical experience in closely supervised internships at the University Counseling Center and other mental health settings in the community.
• Areas of competencies include assessment, intervention, and clinical research.
• A flexible schedule to accommodate working students, including the opportunity to take some courses online.
• Close faculty mentoring.
• Experienced clinicians as faculty members.

We offer you opportunities for active learning, research and practice through:

• Opportunities to participate in certificate-based professional training programs.
• Extensive training in the skills and competencies needed to be an experienced and professional mental health counselor.
• Opportunities to participate in conferences, presentations, and seminars by invited experts organized through external professional organizations hosted on Hellenic American University premises.

Be an active participant in your studies

The program includes coursework in:

• Cognitive Behavioral Psychotherapy
• Clinical assessment, interviewing and consultation
• Ethical, legal & professional issues in clinical practice
• Social and cultural diversity in clinical practice
• Supervised internships and practicums
• Specialized courses in Couples & Family Counseling, Career Counseling, Counseling for Chemical Dependences and Group Psychotherapy

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The members of our faculty have an international background, with Masters and doctoral degrees earned at renowned institutions in the United Kingdom, Greece and the United States. The faculty are qualified practitioners who bring with them valuable clinical expertise to the classroom. They are devoted to student-centered teaching and engaged in research projects, in which students are often welcome to participate.

Faculty members who teach in the program are:

• engaged in research in their fields of specialization and present their findings at national and international conferences.
• committed to supervising their graduate students to develop their clinical competencies.
• engaged in continuing professional development and aware of current research and recent developments in the field.
• recognized for their extensive clinical experience in the Cognitive Behavioral Psychotherapy approaches locally and internationally.

Who will teach you

The skills and knowledge you will acquire include:

• Systematic knowledge of the development of human behavior across the lifespan, as well as the theories and techniques of clinical psychology.
• Knowledge of professional codes of ethics and the ability to apply them in research and clinical practice.
• An appreciation of individual and cultural diversity and the skills required to use this sensitivity when working with clients.
• Proficiency in working with assessment tools and producing comprehensive assessment reports.
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• An ability to understand and apply techniques of cognitive-behavioral psychotherapy in a variety of clinical settings.
• Skills in designing and conducting research studies, analyzing data and evaluating clinical research findings.

The program has three major components: coursework that helps you acquire broad scientific knowledge of the field, courses in the cognitive-behavioral approach to therapy and practical experience.

As a graduate of the program you will be equipped with the knowledge and skills of a competent scientist-practitioner in clinical psychology and well-prepared for a successful career in a broad range of settings or for further studies at the doctoral level.

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Master of Arts in Applied Linguistics
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Master of Arts in Translation
Master of Business Administration
Master of Science in Information Technology
Master of Science in Psychology
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We offer you opportunities for active learning, research and practice through:
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- Participation in ongoing faculty-student research projects.
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